



## BRIDGNORTH CYCLING CLUB

### OPEN TIME TRIAL – 21MILE HILLY

Incorporating Round 5 of the SCCA Friction & Hydraulics Points Series

Promoted for and on behalf of Cycling Time Trials under its Rules & Regulations

**Date:** 20<sup>th</sup> April 2024 **Course:** D21/22 **Start Time:** 2:00pm **Timekeepers:** David Fletcher, David Drew

**Event secretary:** Tim Beardmore, 42 Oaklands, Bridgnorth, Shropshire WV155DZ  
Tel: 07866 726422 email: [mowermec@sky.com](mailto:mowermec@sky.com)

**Event HQ:** Morville Village Hall, Morville, Bridgnorth, WV165NB

At the Junction of A458 & B4368, take the B4368 past the rear drive entrance to Morville Hall. The Village Hall is on the left. There is parking at the village hall.

**Competitor's Notes:** Each competitor must sign on when collecting AND WHEN RETURNING their race numbers at the HQ, this is a CTT Requirement. Failure to sign out will result in a DNF being recorded and no finish time given.

Numbers should be pinned to the lower back area and be clearly visible.

Distance from HQ to start is 3.0 miles so allow adequate time. From the event HQ turn right, take the A458 to Bridgnorth. Do not perform a U Turn at the start, ride on past the start to the island with the B4364, encircle the island to the start approximately 100 yards on the left. Please avoid warming up on the course once the event has started, instead use the B4364 for warm ups.

**CTT Regulation 14(i): NO LIGHT – NO RIDE.** No competitor will be allowed to start without a working front and rear light, either flashing or constant. It must be fitted to their machine in a position clearly visible to following road users and active whilst the machine is in use.

**CTT Regulation 15: NO HELMET- NO RIDE.** All competitors MUST wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Liverpool District Local Regulation:** Riders must not make 'U' turns within sight of start and finish. Any rider observed making a 'U' turn in contravention of this regulation could be disqualified from the event. Any rider who makes repeated 'U' turns may be subject to disciplinary action. Competitors must not use any audio equipment except prescribed hearing aids. A competitor in breach of this regulation will be disqualified. Competitors must not use a mobile phone while mounted on their machine.

#### **Pusher Off**

There will be no pusher-off at the start so all riders must start with one foot on the ground.

#### **D21/22 COURSE DESCRIPTION**

**START:** At field gate on A458 Bridgnorth By-Pass, just north of traffic island with B4364 (Ludlow Rd). Proceed along A458 through Morville to Much Wenlock (7.5 miles), take 1<sup>st</sup> left onto B4378. Proceed along B4378 through Bourton and Brockton to Shipton (13.9 miles), take 1<sup>st</sup> left on to B4368. Proceed along B4368 through Weston and Monkhopton

**FINISH:** Opposite Morville Village Hall (HQ), approximately 250 yards before junction with A458. There will be marshals positioned at the Much Wenlock turn (7.5miles) and Shipton Turn (13.9miles)

## RIDER SAFETY

This is a challenging technical course, a true test of rider and machine. There are climbs, steep descents and tight turns. It is strongly recommended that competitors familiarise themselves with the course. Please pay particular attention to:

- 7.5 miles A458 turn onto B4378. Turn is approached on a descent at speed. There is a strong possibility of stationary traffic waiting to turn right at multiple junctions on the approach to the turn. Do not attempt to overtake stationary traffic on the right.
- 10 miles B4378 at Bourton Village. Riders approach on a fast twisting decent, with junction with minor roads. Take care not to cross white line to centre of road on approach. Be aware of traffic.
- 11.9 miles B4378 at Brockton Village. Riders approach on a long fast decent to a cross roads with minor roads. Be aware of traffic.
- 13.9 miles B4378 turn onto B4368 at Shipton. Riders approach a very acute turn. Do not cross the white line to the centre of the road on approach or exit, and give way to traffic.

**HAVE A SAFE AND ENJOYABLE RIDE. KEEP YOUR HEAD UP AT ALL TIMES AND OBEY THE LAWS OF THE ROAD**

### OPEN TT AWARDS

Fastest Rider	£15
Fastest Female	£15
Fastest Vet on Standard	£15
Fastest Junior	£15

### ROAD BIKE AWARDS

Fastest Rider	£15
Fastest Female	£15
Fastest Vet on Standard	£15

One prize per person





# CTT 2024 MACHINE CLASSIFICATIONS



## ROAD BIKE CLASS

- DROP OR STRAIGHT HANDLEBARS PERMITTED
  - NO TRI-BARS, CLIP-ON BARS OR SPINACI BARS
  - NO LESS THAN 35CM WIDTH
  - MUST OPERATE INDEPENDENTLY ON BOTH FRONT AND REAR WHEELS
  - MACHINES WITH FIXED WHEEL REQUIRE ONLY A BRAKE OPERATING ON THE FRONT WHEEL(S)
  - RIM DEPTH MAX 90MM
  - MUST HAVE AT LEAST 12 SPOKES ON EACH WHEEL
  - NO DISC WHEEL
  - WORKING RED LIGHT MUST BE FLASHING OR CONSTANT
  - WORKING WHITE LIGHT MUST BE FLASHING, OR CONSTANT
  - SHOULD CONFORM TO A RECOGNISED STANDARD
  - MUST NOT COVER EARS
  - MUST NOT HAVE A TEAR DROP/ POINTY STYLE "TAIL"
  - VENTS MUST NOT BE COVERED OR BLOCKED.
  - NO ALTERATIONS OR ADDITIONS PERMITTED
  - SHOULD WEAR APPROPRIATE CYCLE CLOTHING
  - MUST NOT WEAR SWIMMING SUITS OR RUNNING VESTS
  - MUST NOT USE PADDING OR FAIRINGS
- (N.B. The use of base/under layers and hydration bladders such as Camelbak are authorised (providing the hydration bladder is used for the purpose of hydration but no rigid bottle can be used.)

## REGULATIONS

- HANDLEBARS:** REG 14 a/d  
REG 29 a
- BRAKES:** REG 14 b/c
- WHEELS:** REG 14 g  
REG 29 a
- REAR LIGHT:** REG 14 j
- FRONT LIGHT:** REG 14 k
- HELMET:** REG 15
- HELMET:** REG 29 b
- CLOTHING:** REG 16 a/c

## TIME TRIAL CLASS

- AEROBARS PERMITTED
  - NO LESS THAN 35CM WIDTH
  - MUST OPERATE INDEPENDENTLY ON BOTH FRONT AND REAR WHEELS
  - MACHINES WITH FIXED WHEEL REQUIRE ONLY A BRAKE OPERATING ON THE FRONT WHEEL(S)
  - DEEP SECTION RIMS, TRI-SPOKE AND WHEELS OF A SIMILAR DESIGN PERMITTED
  - FRONT WHEEL MUST HAVE AT LEAST 45% OF THE SURFACE AREA OPEN
  - WORKING RED LIGHT MUST BE FLASHING OR CONSTANT
  - WORKING WHITE LIGHT MUST BE FLASHING, OR CONSTANT
  - SHOULD CONFORM TO A RECOGNISED STANDARD SUCH AS SNELL B95, ANSI 290.4, AUS/NZS 2063:96, DIN 33-954, CPSC OR EN 1078
  - SHOULD WEAR APPROPRIATE CYCLE CLOTHING
  - MUST NOT WEAR SWIMMING SUITS OR RUNNING VESTS
  - MUST NOT USE PADDING OR FAIRINGS
- (N.B. The use of base/under layers and hydration bladders such as Camelbak are authorised (providing the hydration bladder is used for the purpose of hydration but no rigid bottle can be used.)